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ESTHETIC FAMILY DENTISTRY, LLC

"Where outstanding smiles are created"

Pre-Operative/Pre-Anesthetic Instructions

1. You are scheduled to receive intravenous conscious sedation. We request that you DO NOT eat anything SIX (6) hours before your scheduled appointment time. Clear liquids are acceptable for up to TWO (2) hours before the procedure.
2. You may take any necessary medications with small quantities of water.
3. You MUST have someone escort you to your appointment that is also able to drive you home.
4. Please wear loose, comfortable clothing with short sleeves.
5. Research has proven that taking 400mg of ibuprofen 1-2 hours before surgery can reduce your post-operative discomfort and aid in a faster recovery.
6. While you are sedated, your vital signs will be monitored pulse oximetry, automatic blood pressure, and EKG.

We strive to offer you the best care possible. If you have any questions, please do not hesitate to call us. See you soon!

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